

How to . . . Make a Valkyrie Breastplate

Breastplate

- 2 x corrugated cardboard rectangles to cover the front and back of the body. Ours are 30cm x 25cm but adapt to fit.
- 2 x corrugated cardboard rectangles with rounded edges to go over the shoulders. Ours are 35cm x 9.5cm. (Make use the corrugation run across the narrowest part of the cardboard so that it bends easily.)
- 2 x corrugated cardboard rectangles side straps. Ours are 30cm x 9cm. (Make use the corrugation run across the narrowest part of the cardboard so that it bends easily.)
- 1 x cardboard strip sword holder. 20cm x 2.5cm
- Sliver or Grey duct tape
- Optional decorations

1. Attach the shoulder straps to the breastplate. Don't worry about the duct tape showing.
2. Holding the breast plate in position, mark where the shoulder straps meet the back plate.
3. Attach the shoulder straps to the backplate, making sure you can fit your head through! Trim if needed.
4. Attach the side straps to the inside of the breast plate.
5. Holding the armour in place, mark where the side straps meet the backplate. Trim if needed. Attach one side to the inside of the backplate – one side only otherwise you won't be able to get it off!
6. Cover the cardboard armour in duct tape.
7. Hold the sword in position against the backplate, mark the position of the sword holder.
8. Attach the sword holding strip using the duct tape. Check the sword fits.
9. Add spikes or other decorations if you like.
10. When you're ready to wear the armour, attach the final side strap.

