

How to be a Hero Pronunciations

There are multiple ways of pronouncing the names of characters and places which exist in Norse mythology. Here is a quick guide to help you pronounce the names in *How to be a Hero*.

Alfheim	Alf-hayme
Angrboda	Anger-bow-the
Asgard	As-guard
Bifrost	Bye-frost
Freyja	Frey-ya
Frigg	Rhymes with dig
Hel	Rhymes with bell
Helheim	Hel-hayme
Idunn	Ee-dun
Jotunheim	Your-turn-hayme
Loki	Low-key
Midgard	Mid-guard
Muspell	Moo-spell
Nidhogg	Nee-thogg
Niflheim	Nif-el-hayme
Odin	Oh-din
Ragnarok	Rag-nar-rock
Sleipnir	Slayp-near
Svartalfheim	Svar-talf-hayme
Thor	Thore
Valhalla	Varl-harl-la
Vali	Varl-lee
Valkyrie	Varl-kir-ree
Vanaheim	Varna-hayme
Yggdrasil	Eeg-dra-sil

